Early Childhood Experiences At Home Key Factor in Child's Achievements

By Jeanne Clabough
(Second of a series of four articles)

Beginning Thursday, February 1, Mrs. Clabough will offer a 6-week class in the Adult Education Program at ACHS on early child-rearing practices at home that lead to well-developing, competent children. The course will be based on an in-depth review of the book by Burton L. White **The First Three Years of Life,** *which covers the most extensive research to date on this subject. The present series of articles is a brief review of this book. For more details see the first article in this series and the Adult Education Class Schedule in the January 11 issue of the* Times-Virginian *or call 352-8253.*

Last week we reviewed good child-rearing practices for Phase I/V babies (birth - 8 months). The period from 8-24 months is one of the most rapid growth and development for humans and is one during which the parents' role is increasingly significant and challenging. The first half of this period, 8-14 months, (Phase V) is considered in the present article.

Dr. White's research group found that there are three major obstacles to the successful social and intellectual development of babies during Phase V: ignorance, stress and having to go it alone on the part of the parents.

1) **Ignorance** results from the facts that we do little in this country to prepare people for the responsibilities of parenthood and that until very recently there has been little or no reliable information available on the subject of rearing very young children from the standpoint of social and intellectual development. Considering most of the literature available, Dr. White indicates that one of the best resources on the subject would be "an intelligent, well-put-together mother of four or five children."

2) **Stress** (primarily to the mother) results from the worry about physical dangers to the child (about 80% of all accidental poisonings of children occur between the ages of 10-30 months), from having to cope with the extra work and clutter produced by children (Relax a little, Mother. Dr. White found that "an immaculately picked up house and a 10-month old baby who is developing well are usually incompatible."), and from having to cope with the ill feelings of older brothers and sisters toward the baby, especially if the other child is less than three years older than the baby.

3) **Having to go it alone** Dr. White attributes this lack of assistance to the facts that fathers often are too busy to give much help or are unaware of the very significant contributions they can make to their child's development (and to their wife's peace of mind), that pediatricians for various reasons often do not provide the support parents need in this area and that many young people today fail to benefit from the experiences and helping hands of grandparents.

The more important child-rearing practices that Dr. White recommends for Phase V babies are:

1) Accident-proof the home (rather than "caging" the baby).

2) Safe-guard the baby from a slightly older brother or sister.

3) Protect the home from the baby. Due to the natural curiosity and poor memory of this aged child, he recommends putting valued possessions away.

4) Be available to respond when your child finds objects or situations that excite or puzzle him, and respond as soon as possible even if it is to say "You'll have to wait a minute." Never ignore an enthusiastic child.

5) Use whatever a child is interested in as a learning opportunity, but let him leave when he is ready. Do not bore your child.

6) Establish a consistent and effective pattern of discipline. (Dr. White found that effective parents run their homes with a loving but firm hand and nearly always follow up on requests if the child does not respond in the desired way.)

Some practices Dr. White recommends **against** for the Phase V child are:

1) forced teaching

2) restrictive devices such as playpens

3) both parents working full-time during this phase

4) overindulgence

5) overfeeding. In homes with well-developing children, between meal snacks were offered only rarely.

All of the above recommended and "not-recommended" practices are discussed in some detail in the book.

Next week: Phase VI (14-24 months) The second half of one of life's most important periods.

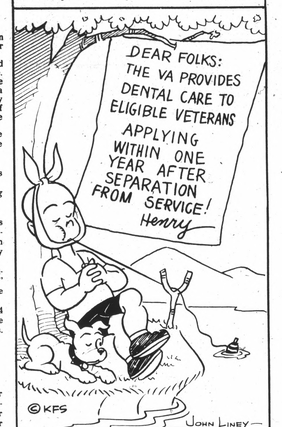
Campbell Co. Senior Service Program Schedules Tours

The Campbell County Senior Services Program has schedules and itineraries for a tour of Charleston trip is set for Friday, March 23 through Sunday, March 25. Accomodations will be at the Francis Marion Hotel in downtown Charleston in the heart of the restored section. Itinery includes a two hour boat ride through the Charleston Harbor, Fort Moultrie, Fort Johnson, Castel Pickney and the huge State Port Terminals and the U.S. Naval Base. On Saturday afternoon a harborside tour is planned including visits to 19th century houses built by wealthy merchants and planters, Rainbow Row and a complex of 18 century smaller houses. On Saturday evening a sightseeing tour of Charleston is planned where a trafied guide will point out many fascinating landmarks of the city, including, the Battery and White Points Gardens, St. Michael's Church, City Hall, the old Powder Magazine, Huguenut Church and more. Prices for this trip include bus transportation, hotel, baggage handling and all tours as listed in the itinerary. All meals are extra. A deposit of $40 per person is due immediately and full payment due by February 16. Call the Senior Programs office in Rustburg for reservations, details and prices.

The Nashville trip is set for Wednesday, June 6 through Sunday, June 10. Cost includes four nights accommodations at the Hyatt Regency Nashville, baggage handling and all tickets to attractions as listed in the itinerary. Itinerary includes a Blue Grass Concert, Opryland, Country Music Hall of Fame, Three Hour Sightseeing Tour, Ryman Auditorium, Autograph Session, Dinner and Show and the Grand Ole Opry. All meals are extra. A deposit of $40 is due immediately and final payment due on April 25. Phone immediately for reservations and for information on tentative trips to other points of interest.

Prices and itineraries are available in the Senior Programs Office in Rustburg. Phone 847-0961, 283-5321 or 369-6671, Extension 182 immediately. Both trips are planned for Campbell County Senior adults aged 60 and above, but are also offered to the general public after January 15.

So says the VA . . . by JOHN LINEY "HENRY"



Contact nearest VA office (check your phone book) or a local veterans group.

mothers and babies

LITTLE KNOWN FACTS

A few days after birth, many babies' skins become yellow. This is usually the result of a normal physiological process and no cause for alarm. Many babies are born with excess red blood cells, which are eliminated at this time. The yellowness usually disappears within a few days.

* * *

Most babies can support their own heads by about three months old. That's a good time for parents to get a baby sling so Mother or Father can carry baby comfortably with both hands free. Available from Mothercare, retailing specialists for mothers-to-be, babies, and children under 5, it's adjustable and folds away neatly.

* * *

Most babies can start learning to feed themselves with a spoon by a year or 18 months. They sometimes learn faster if allowed to practice first with their fingers.

* * *

Parents and prospective parents can get a good look at the clothes, toys and furnishings for mothers-to-be and babies in the Mothercare catalogue, available from Mothercare, P.O. Box 228, Parsippany, New Jersey 07054.

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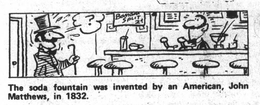

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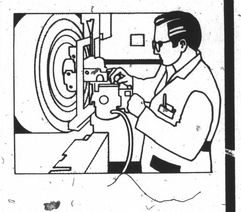
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STATEMENT OF CONDITION AS OF DECEMBER 31, 1978

ASSETS		
Cash and due from banks		$ 89,282,000
U. S. Treasury securities		8,905,000
Securities of U. S. Government agencies and corporations		40,103,000
Obligations of states and political subdivisions		34,827,000
Other securities		1,422,000
Federal funds sold and securities purchased under agreements to resell		79,538,000
Loans	$327,553,000	
Less: Reserve for possible loan losses	3,508,000	
Loans, Net		324,045,000
Lease financing assets		3,445,000
Bank premises and equipment		15,001,000
Accrued interest receivable and other assets		7,086,000
TOTAL ASSETS		$603,655,000
LIABILITIES AND CAPITAL		
Deposits:		
Demand		124,095,000
Time		308,553,000
TOTAL DEPOSITS		432,648,000
Federal funds purchased and securities sold under agreements to repurchase		99,373,000
Liabilities for borrowed money		25,897,000
Accrued taxes and other liabilities		7,869,000
TOTAL LIABILITIES		565,787,000
Subordinated notes		5,000,000
Equity capital:		
Capitol stock: common stock, par value $10 per share. shares authorized 436,264; shares outstanding 436,264		4,363,000
Surplus		10,867,000
Undivided profits		17,638,000
TOTAL EQUITY CAPITAL		32,868,000
TOTAL LIABILITIES AND CAPITAL		$603,655,000

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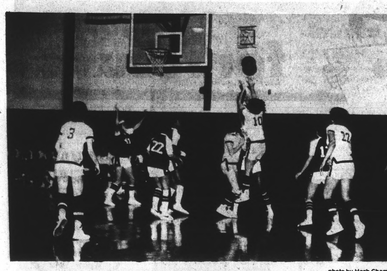

photo by Herb Chambers

SUSAN HANDY (12) takes shot for the Raiderettes over screen provided by Terri Robinson. Moving in for Appomattox are Johnna Beiter (3) and Annette Carter (22). For the Lancerettes, Wanda Jones is under the goal with Tammy Ogden (22) and Fran Taylor (41) waiting for a rebound. Amherst County girls won by score of 46-23.

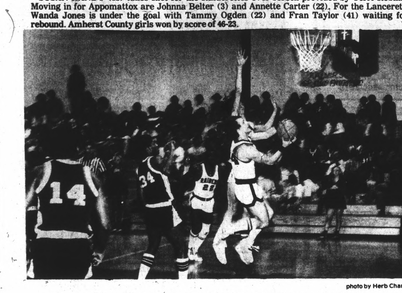

photo by Herb Chambers

TERRY WOODS GOES IN FOR THE LAYUP AS THE Lancers' Jeff Bryant makes a desperate attempt to block the shot. Also in on the action are Larry Kelso (22) for the Raiders and Kenny Dixon (14) and Antonio Bolling (34) for Amherst County. Lancers won the contest 43-36.

Warren Coleman

Awarded NCAA Scholarship For Postgraduate Study

HARRISONBURG - James Madison University offensive tackle Warren Coleman has received one of 33 National Collegiate Athletic Association (NCAA) scholarships for postgraduate study which are awarded to students who have distinguished themselves in the sport of football. The $1,500 scholarships are awarded for postgraduate study at the institution of the recipient's choice.

Coleman, a native of Appomattox, Va., and a graduate of Appomattox County High School, received one of the six scholarships set aside for NCAA Division III players. There were also six scholarships for Division I and six scholarships for Division II players and there were 15 scholarships that were awarded on an at-large (any division) basis.

Coleman, a four-year letterman and three-year starter for the Dukes, is an accounting and management major. He has compiled a cumulative grade point average of 3.687 based on a 4.0 scale during his JMU career.

He was a second team Division III Academic All-America selection last year.

Coleman was one of the co-captains of the 1978 JMU football team that compiled an 8-2 record and was ranked in a tie for ninth in the NCAA's final regular season poll of the Top 10 Division III football teams in the nation.

He was valedictorian of his class at Appomattox County High School where he also lettered three years in football and was an All-District selection as a tackle and linebacker. Coleman also played baseball at Appomattox County.

Coleman is the second JMU athlete in as many years to receive an NCAA postgraduate scholarship. Former JMU basketball standout Sherman Dillard was awarded an NCAA postgraduate scholarship last year.

Coleman is the son of Mr. and Mrs. L. Kyle Coleman of Rt. 2, Appomattox.

Appomattox 71 Brookville 46

The Jayvee Raiders Basketball Team came up with a big win last week defeating district rival Brookville Bees 71 to 46.

Earnest Daye and Marvin Johnson pumped in 14 points each and William Scott added 12 to the winning effort.

Coach Jim Crawford complimented the team and said, "It looks like the teams shooting ability, which was lost during the Christmas Holiday, is coming back."

Crawford said the win over Brookville was a good team effort.

The Jayvees are now 2 - 4 in District play and 3 - 4 overall.

SPORTS

BY BILLY CONNER

JV Raiderettes Off To A Slow Start

The Appomattox girls J. V. basketball team isn't performing up to its full capability thus far, according to Coach Kathy Riggins, but the season is just half over. Their record is now 2 - 5 after a recent win last week over E. C. Glass by a score of 44 - 34.

One factor which has handicapped the team is the inexperience of the players. None of the Jayvee girls have been regular starters on previous teams, and only 4 out of 15 players had ever played on a basketball team before this year. One problem typical of a young team with inexperienced players, is lack of a unified offense as well as defense.

On a positive note, the girls show some signs of improvement since the beginning of the season. Most of the players have improved in their basic fundamentals, and several of the girls should be cited for their efforts. Eighth grader, Ruby Smith, is off to a good start with a total of 111 points in 7 games, an average of 15.8. Other players who play a good aggressive defensive ball game are: Angie White, Rhonda Jaggers, Marlene Ferguson and Cindy Lawhorn.

Overall, the girls have confidence, good attitudes and plenty of enthusiasm, which means the rest of the games may have totally different outcomes.

Eighth Graders Break Even

By Tamara Nash

On January 11, Coach Ray Archer traveled to Nelson for the AMS eighth grade boys' first basketball games of the season. The Raiders left with a 1-1 record.

In the first game, the first quarter saw Nelson with a one point lead, 15-14. Both teams had a less spectacular second quarter, Nelson scoring 7, Appomattox 5, to make the score at the half, 22 - 19. Nelson shot 13 and 16 point quarters in the second half to take the game, 52 - 37.

Highscorer for the Raiders was Bobby Booker with 18 points. Dennis Fleshman and Norman Turner each had six, while Kevin Ferguson added 4. Mike Williams had a bucket for 2 and Rick Caldwell scored 1.

In the second match-up, it was Appomattox on top from the start, out doing Nelson's first quarter score, 10 - 3, and more than tripling them at the half, 16 - 5. While Nelson's best quarter was the fourth, it wasn't enough to break the Raider lead, the final score being 26 - 15.

Jeff Miller led the Raiders with seven points, while Rodney Bryant and Tim Bennett each added 5. Mike Williams had 3, and Alan Edmonds, Jody Williams, and Derwin Harvey all made 2.

Lancerettes 46 Raiderettes 23

The Amherst County Lancerettes defeated the Raiderettes 46 - 23 in a Seminole District basketball game played last week.

Wanda Jones and Robin Franklin led the Amherst County offense with 15 points each while Sally Marks chipped in 10 markers.

The Raiderettes kept the game close through the first quarter, but could manage only 2 points in the second period and fell behind 21 to 10 at the half. The second half was more of the same as the Raiderettes had trouble finding the net, hitting only 10 of 40 field goal attempts (25%) for the night.

Susan Handy led the Raiderette scoring with 8 points, Susan Godsey, Vanessa Smith and Annette Carter had 4 points each and Terri Robinson contributed 3 points.

Amherst 43 Appomattox 36

The Raiders could say they lost the basketball game at the free throw line but it is mighty hard to make 100% and that is what they would have needed to defeat leading Amherst last week.

Each team had 17 field goals but the Lancers also added 9 free throws. The Raiders had only 10 chances at the charity strip, made only 2 and lost a hard fought game by 7 points.

Coach Howard Clabough commented earlier that he had no intention of trying to run with the Lancers, rather he chose to set the tempo and take very selective shots. The strategy paid off as the Raiders kept the game close throughout and actually led most of the first half.

Joe Fraley led the Raider scoring with 13 markers, Tony Hancock had 8, Terry Woods contributed 7, and Larry Kelso, 4. Gus Paulette was the leading Raider rebounder.

Kelson and Shane Abernathy managed to hold high scoring Jeff Bryant to 8 points for the Lancers but Antonio Bolling hit the nets from outside against the zone defense and was a major factor in keeping Amherst County's win streak alive. The Lancers are now 11 - 0 for the season after defeating Nelson County Saturday.

Most people are in favor of progress; it's the changes they don't like. — Author Unknown

Rubber Stamps and Stamp pads at the Times Virginian. Phone 352-8215 for fast service.

E. C. Glass 45 Appomattox 27

The Raiderettes had a big 13 points fourth quarter but got started a little late as they dropped a non-district basketball game to E. C. Glass of Lynchburg 27 - 45.

Nine girls put points on the board for Appomattox with Susan Godsey and Annette Carter scoring 6 points each.

For the second time, in as many nights, the Raiderettes shot a cool 25% from the floor (12 of 48) while the Lynchburg Girls made 17 of 42 attempts for 40%.

With the season nearing the half-way mark, the Raiderettes are 3 - 3 in district competition and 3 - 7 overall.

Raiderettes will be in action this week against District foes, Gretna and William Campbell.

Little League Basketball Notice

The Little League Basketball program will resume this Saturday, January 20, weather premitting.

The games scheduled for this week will be played Saturday. The two games that have been missed will be made up at the end of the season or will be doubled up and two games will be played on one Saturday.

You will be notified in advance of the schedule.

The biggest trouble with a sure thing is the uncertainty. —Unknown

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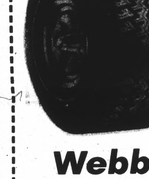

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